

Young adults and the elderly

a) Young adults

The moment a person turns 18 years old, in the eye of the law, they are viewed as adults. At 18 years old, one qualifies has the capacity to Estate Planning in Kenya. The challenge young-adults face is the withdrawal of parental support. Also, in the minds of young adults are very different things away from estate planning. Such things include:

- Getting tertiary education
- Getting married and settling down
- Getting a home
- Having children

However, young adults need to begin thinking about estate planning immediately the step into adulthood. The reason for that is because the list above should be a trigger to necessitate estate planning. Planning early is better than waiting for parental obligations to overcome you.

Young adults should therefore consider estate planning for peace of mind.

b) The elderly

The beauty about Estate planning is that it allows a person to decide how their estate will devolve. It provides a chance for an individual to make decisions about their own health, future medical care, and funeral arrangements while they are still capable.

Estate Planning can help ensure that your wishes are followed even if you became incapacitated. It also makes easy some decisions for family members that otherwise may be left to make choices without a plan and this can breed animosity. Coping with a loved one's passing is already difficult enough and so the last thing you want is to have family members fighting over entitlements.